

UC Neuro Boot Camp – The exam with clinical pearls & protocols weekly outline

Week 1 – Taking care of kids

The six stages of brain development and their clinical relevance to upper cervical care

Upper Cervical care and kids; how developmental delays lead to spectrum disorders and the essential part upper cervical care plays in preventing or reversing the delay

The pediatric exam that positions you as expert in parent's eyes

Clinical pearls & protocols regarding care for kids

Week 2 – The Holy Grail of Upper Cervical; the Polyvagal Theory and its upper cervical application

The Polyvagal Theory and its relevance to upper cervical care

The autonomic nervous system with assessment via history, physical exam & HRV

The Brain-Gut Axis and metabolic support for upper cervical care – Take your upper cervical results to the next level by integrating easy to implement exercises & protocols

Upper cervical centered Cranial Nerve exam with its autonomic correlation

Week 3 – The Cerebellum – the Coordinator of Life

Cerebellum Neurophysiology 101

Cerebellum, the Great Conductor – coordinating movement, cognition & emotion– connecting the dots for many of our great cases in upper cervical

Cerebellum exam made simple and easy to implement. Demonstrate the upper cervical influence on cerebellar function through pre-post exam findings

Cerebellum lifestyle & neuro exercises with upper cervical correlations

Week 4 –

1. Upper cervical and movement including thought & emotion

2. The UC Neuro exam - “Putting it all together”

Cerebellum/Basal Ganglia/Frontal connection

Frontal neurophysiology 101 with clinical applications and exercises

Early detection of dementia is key to patient education and outcome

Basal Ganglia neurophysiology 101 with lifestyle and upper cervical applications

Recognize the earliest signs of Parkinson’s. How to educate patients & protocols for care that support upper cervical work

UC Neuro exam, mini-exam & re exam walk-through with exam forms included

Clinical pearls & protocols review with forms to assist orderly implementation