## **Recommended Reading List DABCI Program**

The Disease Delusion—Jeffry Bland (1001)

Mosby's Expert 10 Minute Physical Examination by Mosby's (1001 & 1002-03)

Mosby's Guide to Physical Examination by Seidel, Ball, Daine, Flynn, Solomon, Stewart (1001 & 1002 -03)

Bate's Guide to Physical Examination & History Taking by Bickley, Bates, Hoekelman (1002-03)

Internal Medicine Review by Johns Hopkins

Integrative Orthopedics by Alex Vasquez

Rapid Intrepration of EKG by Dale Dubin, MD\* 1010 EKG Required Reading

Website for EKG practice www.wavemaven.com (Support for EKG 1010)

<u>Learn more about the pathophysiology of AFib</u> (website) (Support for EKG 1010)

Basic Electrocardiography: Abnormalties and Electrocardiographic Patterns (Clinical symposia --Ciba volume 36 no 6) by Scheidt (1010)

Essentials of Dermatology for Chiropractors by Wiles, Williams and Ahmad (1030 Required)

Widmann's Clinical Interpretation of Laboratory Tests by Sacher & McPherson **Session 1006** 

The Nitric Oxide (NO) Solution by Bryan, Zand and Gottlieb (1009)

Why do I still have thyroid symptoms? When my lab tests are normal. Datis Kharrazian (1027A)

Hashimotos Thyroiditis: Lifestyle Interventions for Finding and Treating the Root Cause - Izabella Wentz, PharmD (1027A)

Feeling Fat, Fuzzy or Frazzled?: A 3 Step Program to: Restore Thyroid, Adrenal, and Reproductive Balance, Beat Hormone Havoc, and Feel Better Fast! by Shames (1027 A or B)

Adrenal Fatigue: The 21st Century Stress Syndrome by Wilson and Wright (1027A or B)

Brain Maker: The power of Gut Microbes to Heal and Protect Your Gut - David Pearlmutter, **MD** (1024 -25)

The Yeast Connection: A Medical Breakthrough by Crook (1024-25)

Your Stomach: What is Really Making You Miserable and What to Do About It by Jonathan Wright (1024-25)

The Gluten Connection: How Gluten Sensitivity May Be Sabotaging Your Health by Shari Lieberman (1017-18)

The Wahls Protocol - Terry Wahls, MD (Paleo/ MS) (1017-18)

Painting a Target on HPV, Nicholas Leroy DC, MS (1004-05)

The 36 Hour Day - Nancy Mace (1015 - altzheimers disease, dementia and memory loss)

Practical Strategies in Outpatient Medicine by Reilly

Nutritional Influences on Illness: A Sourcebook of Clinical Research by Werbach

Modern Nutrition in Health & Disease by Shils & Goodheart

Cellular and Molecular Immunology by Abbas, Lichtman, Pillai

Clinical Ecology by Dickey

Textbook of Natural Medicine by Pizzorno and Murray

Drug Induced Nutrient Handbook by Pelton, Lavalle, Hawkins, Krinsky

The Magnesium Miracle by Carolyn Dean

Ascorbate: The Science of Vitamin C by Dickey and Roberts

Could it Be B12: An Epidemic of Misdiagnosis by Pacholok and Stuart

Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder by Hallowell and Ratey

The End of Overeating by David Kessler

Whiplash Injuries, The Cervical Acceleration/Deceleration Syndrome by Forman and Croft

Tocotrienols, Vitamin E Beyond Tocopherols by Ronald Ross Watson, and Victor R. Preedy

Stroke: Recovery with Oxygen by Polly Houston (HBOT)

The 120 Year Diet by Walford

Stockley's Drug Interactions Pocket Companion 2016

PDR's Herbal Medicine, Legend Drugs, OTC Drugs, Supplements

Websites